



The first time I met Kathy Spexet was in my Self Defense class. When we were not in class screaming at our attackers and defending ourselves, Kathy and I took some time to get to know each other. The following is a recap of our tête-à-tête.

Rondi (R): Considering St. Kate's mission is to educate women to lead and influence, what experience(s) at St. Kate's have helped you to become a more effective leader or more influential?

Kathy (K): I would say the thing that has helped me the most is the frequent presentations that are expected in many of the classes I have taken. I am much more comfortable presenting to people than I was when I started at St. Kate's.

R: What brought you to St. Kate's?

K: I heard the advertisement for St. Kate's on the radio and looked up the majors that were offered during Weekend College. St. Kate's was the only one I could find that had the Information Management degree that I wanted.

R: Why does the WEC format work well for you?

K: I work full-time at a demanding job so being able to attend school on weekends works well for me.

R: The school/life balance is difficult for the non-traditional student. What advice would you give a new non-traditional student?

K: I would advise a new student to use keep a calendar of some sort handy. I have an electronic one that I use and I also use an erasable white board calendar so my husband knows my schedule, too.

R: What motivates your best work?

K: I would say my best work is motivated from within me.

I am somewhat of a perfectionist and I like to do the best I can at whatever task I am working on.

R: Is this your first college experience? If not, how does it compare??

K: No. I worked for a private college for 9 years and attended classes there. I also have experience as the parent of college students. This has given me a lot of experience dealing with different colleges. As with any college, there are things that St. Kate's does better and there are things the other colleges do better.

R: Please share a positive experience you have had during your journey at St. Kate's.

K: I have had many positive experiences at the College of St. Catherine, but the most positive thing that has come about because of my school experience is the many wonderful women I have met during my classes.

R: What is a homework assignment that you would love to be assigned?

K: My favorite homework assignments are ones where the assignment is to read a wonderful book that the professor has picked out. I have had some great experiences reading these assigned books, writing papers on them and discussing them in class.

R: In your free time, what are some of your hobbies, interests, or community involvement?

K: In my free time, I am writing my first mystery novel. I hope to be a published author someday.

R: What is your most unusual classroom moment?

K: Probably punching and kicking people in my self-defense class.

R: I wouldn't want to meet you in a dark alley!

Upcoming Events at the O'Shaughnessy

Maya Angelou, Sunday, April 27th

Lily Tomlin, Sunday, May 11th

Melissa Etheridge, Saturday, August 9th

Did you know... when you graduate from St. Kate's, you have some special perks? Alumnae of St. Kate's who have earned a B.A., M.A., 2nd major, or graduate certificate are eligible to receive a 100% discount to audit one undergraduate bachelor's level class per academic year. To learn more about other this and other services, visit the Alumnae webpage!

Ask Career Development

by Erin Koolen, CSC Career Counselor

**QUESTION: What connections does the Career Development Office have with employers?
How can the office help us network with employers?**

The Career Development Office connects students to employers in numerous ways, and we help employers recruit St. Kate's students using whatever approach works effectively for their organization. Most employers reach our students through KatieClick, our on-line job and internship database, because they can post all of their current job openings there. Some employers choose to do on-campus recruiting where they will arrange interviews in our office for their job and internship positions. Other employers simply provide information tables on the second floor atrium where students can stop by to ask questions about their organizations. These tables also allow employers to promote their career opportunities.

The office also coordinates in multiple career fairs, including the Idealist Nonprofit Career Fair, the Private

College Job and Internship Fair, the Government Job Fair and the MN Education Job Fair. In addition, we host our own campus career fairs, The Career Opportunities Fair and the Health Care Career Fair, which serve solely St. Kate's students. Students enjoy these fairs because they get to network with many different employers and learn about multiple opportunities. You can view which employers attend each of these fairs by going to our Career Fairs page under our Find a Job section of our website (www.stkate.edu/career). In addition, career counselors can help you network individually with the companies you are interested in. All you have to do is schedule an appointment in our office to get the assistance you need.

I enjoy assisting WEC students, so please send your questions, concerns, or issues you would like addressed in the next WEConnect to me at emkoolen@stkate.edu

Career Development Office, CdC 460, #651.690.8890
Hours: 8am to 8pm (Monday), 8am to 4:30pm (Tuesday- Friday), 8am to 6pm (WEC Fridays)

WEC Student Advisory Board

**Leadership Team Co-Chairs:*

Sheri Banitt & Julie LeMere

Treasurer/Secretary:

Jennifer Aman

Communications Chair:

Kristen Vogel

WEC Office & Graduate Liaison

Lisa Amos

Supporting Members:

Rondi Persaud, Lynn Wolander,

Julie Dembsky, Kim Bernard,

Goodie Wandel, Janet

Westlund, Barb Rogers, and

MaiLee Singhathip.

Board Advisor: Brigitte Marty

*Meetings are held in the Student Organization Center on the 2nd floor in Coeur de Catherine. If you are interested in becoming a member, or if you have ideas, concerns or articles you would like to contribute to the WEConnect, please send an email to wecboard@stkate.edu or call us at 651-690-6213.

We always enjoy hearing from new Katies!

Interested in a leadership role?

The WEC Student Advisory Board will be holding elections for the 2008-2009 academic school year. If you are interested in being a candidate, attend the February meeting or send an email to WECBoard@stkate.edu for more details! Elections will be held at the May 3rd meeting!

WEC Board Meeting Schedule

April 12th, 7:15am-8:15am

May 3rd, 12:15pm-12:50pm

* *Yummy meals are provided.*

WEC Student Advisory Board Mission Statement:

"The WEC Student Advisory Board is comprised of student leaders who advocate for and give voice to Weekend College students to enrich their College of St. Catherine experience." -April 2007

Have you heard about Marvelous Mondays?!

The Bookstore is open until 6:30pm on Mondays!

Career Development and the O'Neill Center are open until 8:00pm on Mondays!